REFERENCE: 11010 EFFECTIVE: 10/01/19 REVIEW: 09/30/21

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RESPIRATORY EMERGENCIES - ADULT

CHRONIC OBSTRUCTIVE PULMONARY DISEASE

I. FIELD ASSESSMENT/TREATMENT INDICATORS

Symptoms of chronic pulmonary disease, wheezing, cough, pursed lip breathing, decreased breath sounds, accessory muscle use, anxiety, ALOC or cyanosis.

II. BLS INTERVENTIONS

- Reduce anxiety, allow patient to assume position of comfort.
- Administer oxygen as clinically indicated, obtain oxygen saturation on room air, or on home oxygen if possible.

III. LIMITED ALS (LALS) INTERVENTIONS

- Perform activities identified in the BLS Interventions.
- Maintain airway with appropriate adjuncts, including advanced airway if indicated. Obtain oxygen saturation on room air or on home oxygen if possible.
- Administer Albuterol per ICEMA Reference #7040 Medication Standard Orders.

IV. ALS INTERVENTIONS

- Perform activities identified in the BLS and LALS Interventions.
- Administer Albuterol with Atrovent per ICEMA Reference #7040 Medication Standard Orders.
- Place patient on Continuous Positive Airway Pressure (CPAP), refer to ICEMA Reference #10190 Procedure Standard Orders.
- Consider advanced airway, refer to ICEMA Reference #10190 Procedure Standard Orders.

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V. REFERENCES

<u>Number</u>	<u>Name</u>
7040	Medication - Standard Orders
10190	Procedure - Standard Orders

ACUTE ASTHMA/BRONCHOSPASM/ALLERGIC REACTION/ANAPHYLAXIS

I. FIELD ASSESSMENT/TREATMENT INDICATORS

History of prior attacks, possible toxic inhalation or allergic reaction, associated with wheezing, diminished breath sounds or cough.

II. BLS INTERVENTIONS (For severe asthma and/or anaphylaxis only)

- Reduce anxiety, allow patient to assume position of comfort.
- Administer oxygen as clinically indicated, humidified oxygen preferred.

III. LIMITED ALS (LALS) INTERVENTIONS

- Perform activities identified in the BLS Interventions.
- Maintain airway with appropriate adjuncts, obtain oxygen saturation on room air if possible.
- Administer Albuterol per ICEMA Reference #7040 Medication Standard Orders.
- For signs of inadequate tissue perfusion, initiate IV bolus of 300 cc NS. If signs of inadequate tissue perfusion persist may repeat fluid bolus one (1) time.
- If no response to Albuterol, administer Epinephrine (1 mg/ml) per ICEMA Reference #7040 Medication Standard Orders. Contact base hospital for patients with a history of coronary artery disease, history of hypertension or over 40 years of age prior to administration of Epinephrine.
- May repeat Epinephrine (1 mg/ml), per ICEMA Reference #7040 Medication Standard Orders, after 15 minutes one (1) time.

IV. ALS INTERVENTIONS

- Perform activities identified in the BLS and LALS Interventions.
- Administer Albuterol, with Atrovent per ICEMA Reference #7040 -Medication - Standard Orders.

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• For suspected allergic reaction, consider Diphenhydramine per ICEMA Reference #7040 - Medication - Standard Orders.

- Place patient on Continuous Positive Airway Pressure (CPAP), refer to ICEMA Reference #10190 Procedure Standard Orders.
- If no response to Albuterol, administer Epinephrine (1 mg/ml) per ICEMA Reference #7040 Medication Standard Orders. Contact base hospital for patients with a history of coronary artery disease, history of hypertension or over 40 years of age prior to administration of Epinephrine.
- May repeat Epinephrine (1 mg/ml) per ICEMA Reference #7040 Medication Standard Orders after 15 minutes one (1) time.
- For persistent severe anaphylactic reaction, administer Epinephrine (0.1 mg/ml) per ICEMA Reference #7040 Medication Standard Orders.
- Consider advanced airway, refer ICEMA Reference #10190 Procedure Standard Orders.

V. BASE HOSPITAL MAY ORDER THE FOLLOWING

• For severe asthma/respiratory distress that has failed to respond to the other previous treatments, administer Magnesium Sulfate per ICEMA Reference # 7040 - Medication - Standard Orders.

VI. REFERENCES

<u>Number</u>	<u>Name</u>
7040	Medication - Standard Orders
10190	Procedure - Standard Orders

ACUTE PULMONARY EDEMA/CHF

I. FIELD ASSESSMENT/TREATMENT INDICATORS

History of cardiac disease, including CHF, and may present with rales, occasional wheezes, jugular venous distention and/or peripheral edema.

II. BLS INTERVENTIONS

- Reduce anxiety, allow patient to assume position of comfort.
- Administer oxygen as clinically indicated. For pulmonary edema with high altitude as a suspected etiology, descend to a lower altitude and administer high flow oxygen with a non re-breather mask.
- Be prepared to support ventilations as clinically indicated.

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III. LIMITED ALS (LALS) INTERVENTIONS

- Perform activities identified in the BLS Interventions.
- Maintain airway with appropriate adjuncts, obtain oxygen saturation on room air if possible.
- Administer Nitroglycerine (NTG) per ICEMA Reference #7040 Medication
 Standard Orders. In the presence of hypotension (SBP less than 100), the use of NTG is contraindicated.
- If symptoms do not improve after NTG administration, consider Albuterol per ICEMA Reference #7040 Medication Standard Orders.

IV. ALS INTERVENTIONS

- Perform activities identified in the BLS and LALS Interventions.
- Place patient on Continuous Positive Airway Pressure (CPAP), refer to ICEMA Reference #10190 Procedure Standard Orders.
- Consider advanced airway, refer to ICEMA Reference #10190 Procedure Standard Orders.

V. REFERENCES

<u>Number</u>	<u>Name</u>
7040	Medication - Standard Orders
8050	Transport of Patients (BLS)
10190	Procedure - Standard Orders